

Moving Physician Wellness Forward Through Leadership:

A Leadership Retreat

Leaders can play a crucial role in influencing wellness for those they lead by positively influencing group culture; promoting wellness; and enhancing engagement, trust, and psychological safety through compassion.

In this interactive retreat, participants are reminded about key concepts of physician wellness and are invited to engage in a series of reflection and discussion activities about their roles as leaders, the needs and priorities of their members, and potential strategies for how they can move physician wellness forward within their group.



Contact us to get started: thewelldocinitiative@ucalgary.ca