

Peer Support Program

A Team-Based, One-on-One, Physician-to-Physician Model

Our Four-Step Process is designed to help groups of physicians develop, train, launch, and sustain their own peer support team (e.g., divisions, departments, community physicians, rural physicians).



Four-Step Process

- STEP 1 - Initial Consultation**
(1-hour)
- STEP 2 - Information Session:
How to Develop a Peer Support Team**
(1.5-hours)
- STEP 3 - Formal Peer Support Team Training
Workshop**
(4-hours)
- STEP 4 - Support to Sustain Your Team:
Membership in The Well Doc Initiative
Peer Support Team Network**
(Ongoing)

Contact us to get started: thewelldocinitiative@ucalgary.ca